## TIMS FORD DEER TRAIL RUN

## Part of the 33rd Annual Tennessee State Park Running Tour Saturday, December 3, 2011

Tim's Ford State Park, 570 Tim's Ford Drive, Winchester, TN 37398.

**Directions:** From I-24, take Hwy 55 W (exit 111) to Tullahoma. At the third traffic light turn left on Westside Drive (Hwy 130). After four miles, bear right onto Awalt Road. After 5 miles, turn left onto Mansford Road, then 2 miles to the park. Park info at 931-962-1183.

**Start** and **Finish** at the Recreation Building, located on Tims Ford Drive one mile from the park entrance. All race activities, including registration, refreshments and award ceremony will take place here. Race starts at 11:00 A.M. Central Standard Time.

**Course:** The course is six miles, out and back, on paved trails.

Link to Map: http://www.runningahead.com/maps/fff163c1d11a4bdfa74567f718fbd07f

**Awards:** Special awards to top male and female overall, masters (40+), grandmasters (50+) and great grandmasters (60+). Five-year age groups with top 3 awards in each category from 10 to 70+. Award ceremony immediately following the last finisher.

**Long Sleeve T-shirt:** guaranteed to all pre-registered runners.

**Pre-register** online at *Active.com*.

Pre-registration deadline: November 26, 2011. Race day registration from 9:30 to 11:00 AM.

Entry Fee: \$19.00 with or \$6.00 without shirt, Mail registration to: Mach Tenn R. C. payable to MachTenn.

Race day without T-shirt \$13.00.

Mach Tenn R. C. 202 Anderson Drive Tullahoma, TN 37388

Race Director: Terri Jones, jonesterri02@gmail.com (931) 247-5450. Info at www.MachTenn.org.

**Link to Registration Forms**